

Size Chart	All measurements are in inches													
Grade Increment	1"		1"			1.5"			2"			2"		
Size Range	Extra Small		Small			Medium			Large			Extra Large		
	00	0	2	4	6	8	10	12	14	16	18	20	22	24
Bust	31	32	33	34	35	36.5	38	39.5	41.5	43.5	45.5	47.5	49.5	51.5
Waist	24	25	26	27	29	30.5	32	33.5	35	37	39	41	43	45
Hip	35	36	37	38	39	40.5	42	43.5	45.5	47.5	49.5	51.5	53.5	55.5
Waist Length	F:14.625 B:14.4375	F:14.875 B:14.6875	F:15.125 B:14.9375	F:15.375 B:15.1875	F:15.625 B:15.4375	F:15.875 B:15.6875	F:16.125 B:15.9375	F:16.375 B:16.1875	F:16.625 B:16.4375	F:16.875 B:16.6875	F:17.125 B:16.9375	F:17.375 B:17.1875	F:17.625 B:17.4375	F:17.875 B:17.6875
Shoulder Length	4.125	4.25	4.375	4.5	4.625	4.875	5	5.125	5.25	5.375	5.5	5.625	5.75	6
Sleeve Length	21.875	22.25	22.625	23	23.375	23.75	24.125	24.5	24.875	25.25	25.625	26	26.375	26.75
Bicep	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15	15.5	16	16.5
Inseam	33	33	34	34	34	35	35	35	36	36	36	36	36	36

Tips for selecting the right size: Compare your Bust, Waist, & Hip Measurements to the chart above. Size Chart measurements are intended body measurements, NOT garment measurements. If your measurements fall in multiple columns, order the size that accommodates the largest body measurement. When you are getting ready to cut the pattern, adjust the pattern to better fit the smaller measurements, horizontally and vertically, this will avoid major alterations later. If you are not comfortable with altering the pattern, proceed with cutting the pattern & fabric in the size that fits your largest measurement, just be sure to do fittings along the way as you have sections of the garment put together, and adjust accordingly, so you aren't altering your masterpiece after it's completely finished. If you have delicate fabric or if you would like to customize the fit, consider cutting a mock up using muslin and do fittings, make adjustments, and transfer those adjustments to your pattern, then cut your intended fabric. For an impeccable fit, it is absolutely worth taking the time to do a muslin mock up and/or adjust the pattern to your measurements (with room for breathing ease at least), for a custom fit before cutting the garment fabric(s). Breathing ease is about 1 to 2" larger than your body measurements. Anything larger will be an "oversize" fit, and in some cases may look sloppy. To achieve and oversize but not sloppy fit, keep things somewhat fitted in width around the shoulders, then add width and length. ©2004-2017 Carla Renee Couture